

# THE HARROW

## LIGHT DISHES

£7.00 each. any 3 for £18.00

- Marinated Olives (vg)
- Hummus & Pitta Bread (vg)
- Edamame Beans with Sea Salt (vg)
- Haggis Croquettes, Brown Sauce (6pcs)
- Garlic Ciabatta, with or without Cheese (3pcs) (v)
- Poppadoms Mango Chutney & Onion Salad (3pcs) (vg)

## STARTERS & SHARERS

<b>Pumpkin &amp; Chestnut Soup</b> (v)	£9.00
Roast butternut squash and chestnut soup, toasted ciabatta	
<b>Smoked Mackerel Pâté</b>	£10.00
Crudités, rocket leaves, toasted sourdough	
<b>Fish Cake Meen Moilee</b>	£10.00
Salmon, smoked haddock & cod fish cake, Kerala style coconut curry sauce	
<b>Fried Chicken</b>	£10.00
Karaage style fried chicken thighs, kewpie mayonnaise	
<b>Country Pâté Terrine</b>	£10.00
Chicken, ham hock & bacon terrine, piccalilli, cornichons, toasted sourdough	
<b>Caesar Salad</b>	£12.50
Gem lettuce, crisp bacon, croutons, Parmesan, Caesar dressing	
- add grilled chicken breast	+£6.50
<b>Mezze Plate</b> (v)	£18.50
Hummus, tzatziki, olives, grilled halloumi, grilled pitta bread	
<b>Ploughman's</b>	£22.50
Country pâté terrine, hand-cut ham, Stilton, Brie & Cheddar, piccalilli, pickles & toasted sourdough	

## FISH 'n' CHIPS

Served with Harrow marrow peas, garden peas or chickpea salad, chips & tartare sauce

<b>Beer Battered Cod Fillet</b>	£19.50
<b>Breaded Scampi Tails</b>	£19.50
add Fish Cake	+£6.50
add Battered Sausage	+£4.50
add Curry Sauce (v)	+£2.50

## MAINS

<b>Harrow Darkness, My Old Friend</b> (v) (n)	£19.50
Grilled halloumi, aubergine imam bayildi, pine nuts, tzatziki, falafel clouds	
<b>Puy Lentil &amp; Cheddar Cheese Bake</b> (v)	£19.50
Red pepper, swede & red onion lentils, gratinated Cheddar, pomodoro sauce, chickpea salad & garlic bread	
<b>Tiger Prawn Bhuna</b>	£20.00
Coconut curry, spinach, red pepper, pilau rice, Indian roti bread	
<b>Roast Sea Bream</b>	£23.50
Black bream fillet, red pepper, swede & red onion lentils, purple sprouting broccoli, pomodoro sauce	
<b>Chicken Milanese</b>	£20.00
Breaded chicken breast, glazed ham, basil & tomato sauce, melted cheese, chips & chickpea salad	
<b>Glazed Ham, Egg &amp; Chips</b>	£20.00
Warm hand-carved honey & ginger glazed gammon, 2 eggs, grilled tomato, chips	
<b>Great British Bangers</b>	£20.00
Pork & beer sausages, mash potato, seasonal vegetables & piperade gravy	
<b>Lamb Gosht</b>	£22.00
Kashmiri aromatic rogan josh lamb, pilau rice, garlic naan	
<b>12oz Black Angus Sirloin Steak</b>	£28.00
Peppercorn sauce, chips & chickpea salad	

## HARROW PIE

Check blackboard or ask the team about today's hand crafted pies and other available specials

## BURGERS

On a brioche bun with mayonnaise, salad and a pickle. Served with chips & miso ketchup

<b>Add a Fried Chicken Starter to any Burger</b>	+£6.00
<b>Falafel Burger</b> (vg)	£18.00
Falafel, vegan mayonnaise	
- <i>add grilled halloumi to any burger (v)</i>	+£2.00
<b>Grilled or Fried Chicken Burger</b>	£18.50
Plain grilled or fried breaded chicken breast	
- <i>add Hot Sauce to any burger (v)</i>	+£1.50
<b>Barbecue Chicken Burger</b>	£19.50
Grilled or fried chicken breast, barbecue sauce, smoked streaky bacon, Cheddar cheese	
<b>Barbecue Pulled Pork Burger</b>	£19.50
Pulled pork, barbecue sauce and mozzarella	
<b>House Burger</b>	£19.50
Beef patty, smoked streaky bacon, Cheddar cheese	
<b>Black &amp; Blue Beef Burger</b>	£21.00
Beef patty, smoked streaky bacon, Stilton, onion marmalade	
<b>SUNDAY ROASTS</b> - (Sunday only 12-5pm)	
Served with traditional roast potatoes, Yorkshire pudding & seasonal vegetables	
Puy Lentil, Swede & Red Pepper Puff Pastry Tart, Tomato & Basil Sauce (vg)	£21.50
Roast Chicken Breast with Gravy	£22.50
Roast Belly & Loin of Pork with Crackling & Gravy	£24.50
Roast Leg of British Lamb with Gravy	£26.50
Roast Sirloin of Beef with Gravy	£27.50
<b>Double Roast</b> £29.50, <b>Triple Roast</b> £33.00, <b>All Four</b> £36.00	

## SIDE DISHES

<b>Chips</b> (vg)	£6.00
<b>Cheesy Chips</b> (v)	£8.50
<b>Chickpea, Cherry Tomato &amp; Cucumber Salad</b> (vg)	£6.00
<b>Seasonal Vegetables</b> (vg)	£6.00
<b>Cauliflower Cheese</b> (v)	£8.50
<b>Pigs in Blankets</b>	(3pcs) £4.50 (6 pcs) £8.00

# THE HARROW

## LIGHT DISHES

£7.00 each or any 3 for £18.00

- Marinated Olives (vg)
- Hummus & Pitta Bread (vg)
- Edamame Beans with Sea Salt (vg)
- Haggis Croquettes, Brown Sauce (6pcs)
- Garlic Ciabatta, with or without Cheese (3pcs) (v)
- Poppadoms, Mango Chutney & Onion Salad (3pcs) (vg)

## STARTERS & SHARES

**Pumpkin & Chestnut Soup** (v) £9.00

Roast butternut squash and chestnut soup, toasted ciabatta

**Smoked Mackerel Pâté** £10.00

Crudités, rocket leaves, toasted sourdough

**Fish Cake Meen Moilee** £10.00

Salmon, smoked haddock & cod fish cake, Kerala style coconut curry sauce

**Fried Chicken** £10.00

Karaage style fried chicken thighs, kewpie mayonnaise

**Country Pâté Terrine** £10.00

Chicken, ham hock & bacon terrine, piccalilli, cornichons, toasted sourdough

**Caesar Salad** £12.50

Gem lettuce, crisp bacon, croutons, Parmesan, Caesar dressing

- add grilled chicken breast +£6.50

**Mezze Plate** (v) £18.50

Hummus, tzatziki, olives, grilled halloumi, grilled pitta bread

**Ploughman's** £22.50

Country pâté terrine, hand-cut ham, Stilton, Brie & Cheddar, piccalilli, pickles & toasted sourdough

## SUNDAY ROASTS

(Sunday only 12-5pm)  
Served with traditional roast potatoes, Yorkshire pudding & seasonal vegetables

Puy Lentil, Swede & Red Pepper Puff Pastry Tart, Tomato & Basil Sauce (vg)	£21.50
Roast Chicken Breast with Gravy	£22.50
Roast Belly & Loin of Pork with Crackling & Gravy	£24.50
Roast Leg of British Lamb with Gravy	£26.50
Roast Sirloin of Beef with Gravy	£27.50
<b>Double Roast</b> - Choose any 2 meats	£29.50
<b>Triple Roast</b> - Choose any 3 meats	£33.00
<b>All Four Meats</b>	£36.00

## FISH 'n' CHIPS

Served with Harrow marrow peas, garden peas or salad, chips & tartare sauce

<b>Beer Battered Cod Fillet</b>	£19.50
<b>Breaded Scampi Tails</b>	£19.50
add Fish Cake	+£6.50
add Battered Sausage	+£4.50
add Curry Sauce (v)	+£2.50

## MAINS

**Harrow Darkness, My Old Friend** (v) (n) £19.50

Grilled halloumi, aubergine imam bayildi, pine nuts, tzatziki, falafel clouds

**Tiger Prawn Bhuna** £20.00

Coconut curry, spinach, red pepper, pilau rice, Indian roti bread

**Roast Sea Bream** £23.50

Black bream fillet, red pepper, swede & red onion lentils, purple sprouting broccoli, pomodoro sauce

**Chicken Milanese** £20.00

Breaded chicken breast, glazed ham, basil & tomato sauce, melted cheese, chips & salad

**Lamb Gosht** £22.00

Kashmiri aromatic rogan josh lamb, pilau rice, garlic naan

## BURGERS

On a brioche bun with mayonnaise, salad and a pickle. Served with chips & miso ketchup

**Add a Fried Chicken Starter to any Burger** +£6.00

**Falafel Burger** (vg) £18.00

Falafel, vegan mayonnaise

- add grilled halloumi to any burger (v) +£2.00

**Grilled or Fried Chicken Burger** £18.50

Plain grilled or fried breaded chicken breast

- add Hot Sauce to any burger (v) +£1.50

**Barbecue Chicken Burger** £19.50

Grilled or fried chicken breast, barbecue sauce, smoked streaky bacon, Cheddar cheese

**Barbecue Pulled Pork Burger** £19.50

Pulled pork, barbecue sauce and mozzarella

**House Burger** £19.50

Beef patty, smoked streaky bacon, Cheddar cheese

**Black & Blue Beef Burger** £21.00

Beef patty, smoked streaky bacon, Stilton, onion marmalade

## SUNDAY SIDES

**Cauliflower Cheese** (v) £8.50

**Pigs in Blankets** (3pcs) £4.50 (6 pcs) £8.00 £6.00

**Roast Potatoes** (vg) £6.00

**Pot of Gravy** £2.50

**Yorkshire Pudding** (v) £2.50

**Chips** (vg) £6.00

**Cheesy Chips** (v) £8.50

**Chickpea, Cherry Tomato & Cucumber Salad** (vg) £6.00

**Seasonal Vegetables** (vg) £6.00

# SET MENU

Available Monday to Saturday - 12 noon - 8:45pm

**2 Courses £26.00, 3 Courses £30.00**

## Starters

### **Pumpkin & Chestnut Soup (v)**

Roast butternut squash & chestnut soup, toasted ciabatta

### **Fish Cake Meen Moilee**

Salmon, smoked haddock & cod fish cake,  
Kerala style coconut curry sauce

### **Country Pâté Terrine**

Chicken, ham hock & bacon terrine, piccalilli, cornichons,  
toasted sourdough

## Mains

### **Harrow Darkness, My Old Friend (v) (n)**

Halloumi, aubergine imam bayildi, pine nuts, tzatziki, falafel

### **Tiger Prawn Bhuna**

Coconut curry, spinach, red pepper, pilau rice, Indian roti bread

### **Roast Sea Bream +£2.00**

Black bream fillet, red pepper, swede & red onion lentils, purple  
sprouting broccoli, pomodoro sauce

### **Chicken Milanese**

Fried chicken breast, ham, tomato sauce, Cheddar, chips & salad

### **Beer Battered Cod Fish 'n' Chips or Breaded Scampi 'n' Chips**

Mushy peas, garden peas, or salad; chips & tartare sauce

## Desserts

### **Sticky Toffee Pudding (n)**

Hot toffee sauce, custard or vanilla ice cream

### **Apple & Bramble Crumble (n)**

Hazelnut crumble, apple, blackberry, custard or vanilla ice cream

### **Chocolate Fudge Brownie**

Toffee popcorn, vanilla ice cream, hot chocolate sauce

### **House Ice Cream Sundae (n)**

Vanilla & chocolate ice cream, popcorn, toffee sauce, mixed nuts

### **Selection of British Cheeses +£2.00**

Cheddar, Somerset Brie, Goats cheese and Stilton

### **Liqueur Coffee**

Irish, Calypso or French

# SUNDAY SET MENU

Sunday. 12 noon - 5pm only

**2 Courses £28.00, 3 Courses £32.00**

## Starters

### **Pumpkin & Chestnut Soup**

Butternut squash and roast chestnut soup,  
toasted ciabatta (vg)

### **Fish Cake Meen Moilee**

Salmon, smoked haddock & cod fish cake,  
Kerala style coconut curry sauce

### **Country Pâté Terrine**

Chicken, ham hock & bacon terrine, piccalilli, cornichons,  
toasted sourdough

## Sunday Roasts

With traditional roast potatoes, seasonal vegetables  
& Yorkshire pudding

Puy Lentil, Swede & Red Pepper Puff Pastry Tart,  
Tomato & Basil Sauce (vg)

Roast Chicken Breast with Gravy

Roast Belly & Loin of Pork with Crackling & Gravy

Roast Leg of British Lamb with Gravy + £2.50

Roast Sirloin of Beef with Gravy + £3.50

**Double Roast +£5.50, Triple Roast +£9.00, All Four +£12.00**

## Desserts

### **Sticky Toffee Pudding (n)**

hot toffee sauce, custard or vanilla ice cream

### **Apple & Bramble Crumble (n)**

Hazelnut crumble, apple, blackberry, custard or vanilla ice cream

### **Chocolate Fudge Brownie**

Toffee popcorn, vanilla ice cream, hot chocolate sauce

### **House Ice Cream Sundae (n)**

Vanilla & chocolate ice cream, popcorn, toffee sauce, mixed nuts

### **Selection of British Cheeses +£2.00**

Cheddar, Somerset Brie, Goats cheese and Stilton

### **Liqueur Coffee**

Irish, Calypso or French

# THE HARROW

## LIGHT DISHES

£7.00 each or any 3 for £18.00

- Marinated Olives (vg) (df) (gf)
- Hummus & **Pitta Bread** (vg) (df) (please request gf)
- Edamame Beans with Sea Salt (vg) (df) (gf)
- Haggis Croquettes**, Brown Sauce (6pcs) (df) (contains gluten)
- Poppadoms Mango Chutney & Onion Salad (3pcs) (vg) (df) (gf)

## STARTERS & SALADS

- Pumpkin & Chestnut Soup** (v) (please request gf or df) **£9.00**  
Roast butternut squash & chestnut, *toasted ciabatta*
- Smoked Mackerel Pâté** (contains dairy) (please request gf) **£10.00**  
Crudités, rocket leaves, *toasted sourdough*
- Fish Cake Meen Moilee** (df) (gf) **£10.00**  
Salmon, smoked haddock & cod fish cake, Kerala style coconut curry sauce
- Fried Chicken** (gf) (please request df) **£10.00**  
Karaage style fried chicken thighs, *kewpie mayonnaise*
- Country Pâté Terrine** (df) (please request gf) **£10.00**  
Chicken, ham hock & bacon terrine, piccalilli, cornichons, *toasted sourdough*
- Caesar Salad** (contains dairy) (please request gf) **£12.50**  
Gem lettuce, crisp bacon, *croutons*, *Parmesan*, *Caesar dressing*  
- add grilled chicken breast (df) (gf) **£6.50**
- Mezze Plate** (v) (please request df or gf) **£18.50**  
Hummus, *tzatziki*, olives, *grilled halloumi*, *grilled pitta bread*
- Ploughman's** (contains dairy) (please request gf) **£22.50**  
Country pâté terrine, hand-cut ham, *Stilton*, *Brie & Cheddar*, piccalilli, pickles & *toasted sourdough*

## MAINS

- Harrow Darkness, My Old Friend** (v) (n) (gf) (please request df) **£19.50**  
Grilled *halloumi*, aubergine imam bayildi, pine nuts, *tzatziki*, falafel clouds
- Puy Lentil & Cheddar Cheese Bake** (v) (please request df or gf) **£19.50**  
Red pepper, swede & red onion lentils, gratinated Cheddar, pomodoro sauce, chickpea salad & garlic bread
- Tiger Prawn Bhuna** (df) (please request gf) **£20.00**  
Coconut curry, spinach, red pepper, pilau rice, *Indian roti bread*
- Roast Sea Bream** (df) (gf) **£23.50**  
Black bream fillet, red pepper, swede & red onion lentils, purple sprouting broccoli, pomodoro sauce
- Chicken Milanese** (please request df or gf) **£20.00**  
*Breaded chicken breast*, ham, basil & tomato sauce, melted *cheese*, chips & salad
- Glazed Ham, Egg & Chips** (df) (gf) **£20.00**  
Warm hand-carved honey & ginger glazed gammon, 2 eggs, grilled tomato, chips
- Lamb Gosht** (contains dairy) (please request gf) **£22.00**  
*Kashmiri aromatic rogan josh lamb*, pilau rice, *garlic naan*
- 12oz Black Angus Sirloin Steak** (gf) (please request dairy free) **£28.00**  
*Peppercorn sauce*, chips & salad

## FISH 'n' CHIPS

Served with Harrow marrow peas, garden peas or salad, chips & tartare sauce

- Beer Battered Cod Fillet** (contains gluten) (please request df) **£19.50**
- Breaded Scampi Tails** (contains gluten) (please request df) **£19.50**  
add Fish Cake (gf) (df) **+£6.50**
- add **Battered Sausage** (contains gluten) (df) **+£4.50**
- add Curry Sauce (v) (gf) (df) **+£2.50**

## SIDE DISHES

- Chips (vg) (df) (gf) **£6.00**
- Cheesy Chips** (v) (gf) (contains dairy) **£8.50**
- Chickpea, Cherry Tomato & Cucumber Salad (vg) (gf) (df) **£6.00**
- Seasonal Vegetables (vg) (gf) (df) **£6.00**
- Pigs in Blankets** (df) (contains gluten) (3pcs) **£4.50** (6 pcs) **£8.00**

**BURGERS** (Gluten Free Buns Available on Request)  
On a *brioche bun* with *mayonnaise*, salad and a pickle. Served with chips & miso ketchup

- Add a Fried Chicken Starter to any Burger** (gf) (please request df) **+£6.00**
- Falafel Burger** (vg) (df) (please request gf) **£18.00**  
Falafel, vegan mayonnaise  
- add grilled *halloumi* to any burger (v) (contains dairy) (gf) **+£2.00**
- Grilled or Fried Chicken Burger** (please request df or gf) **£18.50**  
Plain grilled or *fried breaded chicken breast*  
- add Hot Sauce to any burger (v) (gf) (df) **+£1.50**
- Barbecue Chicken Burger** (please request df or gf) **£19.50**  
Grilled or *fried chicken breast*, barbecue sauce, smoked streaky bacon, *Cheddar cheese*
- Barbecue Pulled Pork Burger** (please request df or gf) **£19.50**  
Pulled pork, barbecue sauce and *mozzarella*
- House Burger** (please request df or gf) **£19.50**  
Beef patty, smoked streaky bacon, *Cheddar cheese*
- Black & Blue Beef Burger** (please request df or gf) **£21.00**  
Beef patty, smoked streaky bacon, *Stilton*, onion marmalade

## SUNDAY ROASTS

(Sunday only 12-5pm)

Served with traditional roast potatoes & seasonal vegetables  
(please request gf or df without a Yorkshire pudding)

- Puy Lentil, Swede & Red Pepper Puff Pastry Tart, Tomato & Basil Sauce (v) (contains gluten) (df) **£21.50**
- Roast Chicken Breast with Gravy (df) (gf) **£22.50**
- Roast Belly & Loin of Pork with Crackling & Gravy (df) (gf) **£24.50**
- Roast Leg of British Lamb with Gravy (df) (gf) **£26.50**
- Roast Sirloin of Beef with Gravy (df) (gf) **£27.50**
- Double Roast** - Choose any 2 meats (df) (gf) **£29.50**
- Triple Roast** - Choose any 3 meats (df) (gf) **£33.00**
- All Four Meats** (df) (gf) **£36.00**

# THE HARROW

## LIGHT DISHES

£7.00 each or any 3 for £18.00

- Marinated Olives (vg)
- Hummus & Pitta Bread (vg)
- Edamame Beans with Sea Salt (vg)
- Garlic Ciabatta, with or without Cheese (3pcs) (v)
- Poppadoms Mango Chutney & Onion Salad (3pcs) (vg)

## STARTERS & SALADS

**Pumpkin & Chestnut Soup** (v) (Please request vegan without butter)

Roast Butternut squash & chestnut, toasted ciabatta £9.00

**Caesar Salad** (Please request vegetarian without bacon) £12.50

Gem lettuce, croutons, Parmesan, Caesar dressing

**Mezze Plate** (v) £18.50

Hummus, tzatziki, olives, grilled halloumi, grilled pitta bread

*Can be served vegan without tzatziki and halloumi (please request vg)*

## MAINS

**Harrow Darkness, My Old Friend** (v) (n) £19.50

Grilled halloumi, aubergine imam bayildi, pine nuts, tzatziki,

falafel clouds (Can be served vegan without tzatziki and halloumi)

*(please request vg)*

**Puy Lentil & Cheddar Cheese Bake** (v) (please request vg) £19.50

Red pepper, swede & red onion lentils, & pomodoro sauce,  
served with chickpea salad & garlic bread

**Kerala Coconut Saag Aloo** (vg) £20.00

Coconut curry, potatoes, spinach, red pepper, pilau rice,  
Indian roti bread

**Falafel Burger** (vg) £18.00

Falafel, vegan mayonnaise, on a vegan brioche bun with salad  
and a pickle. Served with chips

- Add grilled Halloumi (v) +£2.00

## SIDE DISHES

Chips (vg)	£6.00
Cheesy Chips (v)	£8.50
Chickpea, Cherry Tomato & Cucumber Salad (vg)	£6.00
Seasonal Vegetables (vg)	£6.00
Cauliflower Cheese (v)	£8.50

## DESSERTS

<b>Sticky Toffee Pudding</b> (v) (n)	£8.50
Sticky date and walnut pudding, hot toffee sauce, custard or vanilla ice cream	
<b>Apple &amp; Bramble Crumble</b> (v) (n) (vg on request)	£8.50
Almond & hazelnut crumble, bramley apple, blackberry, custard or vanilla ice cream (v)	
<b>Chocolate Fudge Brownie</b> (v)	£8.50
Toffee popcorn, vanilla ice cream, hot chocolate sauce	
<b>House Ice Cream Sundae</b> (v) (n)	£8.00
Vanilla & chocolate ice cream, popcorn, chocolate sauce, toffee sauce, mixed nuts	
<b>Ice Cream &amp; Sorbet Selection</b>	£2.50/scoop
Chocolate, Strawberry or Vanilla Ice Creams (v)	
Mango or Raspberry Sorbets (vg)	
<b>Selection of British Cheeses</b> (v)	£10.50
Cheddar, Somerset Brie, Goats cheese and Stilton, pear and apple chutney, sourdough toast and crackers	

## HOT DRINKS

<b>Baileys Hot Chocolate</b>	£7.50
Baileys Irish cream, hot chocolate, double cream	
<b>Liqueur Coffees</b>	£8.00
- <b>Irish</b> , Jamesons Irish Whiskey, espresso, double cream	
- <b>Calypso</b> , Tia Maria, espresso, double cream	
- <b>French</b> , Brandy, espresso, double cream	
<b>Full Selection of Regular Teas, Coffees and Decaffeinated Hot Drinks are also available</b>	

## SET MENU

Available Monday to Saturday - 12 noon - 8:45pm

2 Courses £26.00, 3 Courses £30.00

### Starters

**Pumpkin & Chestnut Soup** (v) (Please request vegan)  
Roast butternut squash & chestnut soup, toasted ciabatta

### Hummus & Pitta Bread

Moroccan style roast chickpea hummus, grilled pitta bread

### Poppadoms

Mango chutney & onion salad

### Mains

#### Harrow Darkness, My Old Friend (v) (n)

Halloumi, aubergine imam bayildi, pine nuts, tzatziki, falafel

#### Puy Lentil & Cheddar Cheese Bake (v)

Red pepper, swede & red onion lentils, & pomodoro sauce,  
served with chickpea salad & garlic bread  
*Can be served vegan without cheddar cheese and plain toasted ciabatta (please request vg)*

#### Kerala Coconut Saag Aloo (vg)

Coconut curry, potatoes, spinach, red pepper, pilau rice,  
Indian roti bread

#### Falafel Burger (vg)

Falafel, vegan mayonnaise, on a vegan brioche bun with salad  
and a pickle. Served with chips  
Add grilled Halloumi (v)

### Desserts

#### Sticky Toffee Pudding (v) (n)

Hot toffee sauce, custard or vanilla ice cream

#### Apple & Bramble Crumble (v) (n)

Hazelnut crumble, apple, blackberry, custard or vanilla ice cream  
*Vegan crumble served with sorbet is available (please request vg)*

#### Chocolate Fudge Brownie (v)

Toffee popcorn, vanilla ice cream, hot chocolate sauce

#### House Ice Cream Sundae (v) (n)

Vanilla & chocolate ice cream, popcorn, toffee sauce, mixed nuts

#### 2 Scoops of Sorbet (vg)

Mango or Raspberry

#### Selection of British Cheeses (v) +£2.00

Cheddar, Somerset Brie, Goats cheese and Stilton

#### Liqueur Coffee (v)

Irish, Calypso or French

# THE HARROW

## LIGHT DISHES

£7.00 each or any 3 for £18.00

- Marinated Olives (vg)
- Hummus & Pitta Bread (vg)
- Edamame Beans with Sea Salt (vg)
- Garlic Ciabatta, with or without Cheese (3pcs) (v)
- Poppadoms, Mango Chutney & Onion Salad (3pcs) (vg)

## STARTERS & SHARERS

- Pumpkin & Chestnut Soup (v)** £9.00  
Roast butternut squash and chestnut soup, toasted ciabatta
- Smoked Mackerel Pâté** £10.00  
Crudités, rocket leaves, toasted sourdough
- Fish Cake Meen Moilee** £10.00  
Salmon, smoked haddock & cod fish cake, Kerala style coconut curry sauce
- Caesar Salad** £12.50  
Gem lettuce, crisp bacon, croutons, Parmesan, Caesar dressing
- Mezze Plate (v)** £18.50  
Hummus, tzatziki, olives, grilled halloumi, grilled pitta bread

## FISH 'n' CHIPS

Served with Harrow marrow peas, garden peas or salad, chips & tartare sauce

<b>Beer Battered Cod Fillet</b>	£19.50
<b>Breaded Scampi Tails</b>	£19.50
add Fish Cake	+£6.50
add Curry Sauce (v)	+£2.50

## MAINS

<b>Harrow Darkness, My Old Friend (v) (n)</b>	£19.50
Grilled halloumi, aubergine imam bayildi, pine nuts, tzatziki, falafel clouds	
<b>Puy Lentil &amp; Cheddar Cheese Bake (v)</b>	£19.50
Red pepper, swede & red onion lentils, & pomodoro sauce, served with chickpea salad & garlic bread	
<b>Tiger Prawn Bhuna</b>	£20.00
Coconut curry, spinach, red pepper, pilau rice & roti bread	
<b>Roast Sea Bream</b>	£23.50
Black bream fillet, red pepper, swede & red onion lentils, purple sprouting broccoli, pomodoro sauce	
<b>Falafel Burger (vg)</b>	£18.00
On a brioche bun with mayonnaise, salad and a pickle. Served with chips & miso ketchup	
- <i>add grilled halloumi (v)</i>	+£2.00

## SUNDAY ROASTS

(Sunday only 12-5pm)  
Served with traditional roast potatoes, Yorkshire pudding & seasonal vegetables

Puy Lentil, Swede & Red Pepper Tart, Tomato Sauce (v) £21.50

## SIDE DISHES

Chips (vg)	£6.00
Cheesy Chips (v)	£8.50
Chickpea, Cherry Tomato & Cucumber Salad (vg)	£6.00
Seasonal Vegetables (vg)	£6.00
Cauliflower Cheese (v)	£8.50

## SET MENU

Available Monday to Saturday - 12 noon - 8:30pm

2 Courses £26.00, 3 Courses £30.00

### Starters

#### Pumpkin & Chestnut Soup

Roast butternut squash & chestnut, toasted ciabatta (v)

#### Fish Cake Meen Moilee

Salmon, smoked haddock & cod fish cake, Kerala style coconut curry sauce

#### Smoked Mackerel Pâté

Crudités, rocket leaves, toasted sourdough

### Mains

#### Harrow Darkness, My Old Friend (v) (n)

Halloumi, aubergine imam bayildi, pine nuts, tzatziki, falafel

#### Puy Lentil & Cheddar Cheese Bake (v)

Red pepper, swede & red onion lentils, & pomodoro sauce, served with chickpea salad & garlic bread

#### Tiger Prawn Bhuna

Coconut curry, spinach, red pepper, pilau rice, Indian roti bread

#### Roast Sea Bream +£2.00

Black bream fillet, red pepper, swede & red onion lentils, purple sprouting broccoli, pomodoro sauce

#### Beer Battered Cod Fish 'n' Chips or Breaded Scampi 'n' Chips

Mushy peas, garden peas, or salad and chips & tartare sauce

### Desserts

#### Sticky Toffee Pudding (n)

Hot toffee sauce, custard or vanilla ice cream

#### Apple & Bramble Crumble (n)

Hazelnut crumble, apple, blackberry, custard or vanilla ice cream

#### Chocolate Fudge Brownie

Toffee popcorn, vanilla ice cream, hot chocolate sauce

#### House Ice Cream Sundae (n)

Vanilla & chocolate ice cream, popcorn, toffee sauce, mixed nuts

#### Selection of British Cheeses +£2.00

Cheddar, Somerset Brie, Goats cheese and Stilton

#### Liqueur Coffee (v)

Irish, Calypso or French

# THE HARROW

## DESSERTS MENU

### **Sticky Toffee Pudding** (n) £8.50

Sticky date and walnut pudding, hot toffee sauce, custard or vanilla ice cream

### **Apple & Bramble Crumble** (n) £8.50

Almond & hazelnut crumble, bramley apple, blackberry, custard or vanilla ice cream

### **Chocolate Fudge Brownie** £8.50

Toffee popcorn, vanilla ice cream, hot chocolate sauce

### **House Ice Cream Sundae** (n) £8.00

Vanilla & chocolate ice cream, popcorn, chocolate sauce, toffee sauce, mixed nuts

### **Ice Cream & Sorbet Selection** (£2.50 per scoop)

Please check with team for todays' options

### **Selection of British Cheeses** £10.50

Cheddar, Somerset Brie, Goats cheese and Stilton  
Pear and apple chutney, sourdough toast and crackers

### **Liqueur Coffee** £8.00

- **Irish**, Jamesons Irish Whiskey, espresso, double cream

- **Calypso**, Tia Maria, espresso, double cream

- **French**, Brandy, espresso, double cream

### **Baileys Hot Chocolate** £7.50

Baileys Irish cream, hot chocolate

(n) = contains nuts.

*Please let us know if you have any dietary requirements, allergies or preferences before ordering.  
Please note that our dishes are prepared in a kitchen where nuts, gluten and other allergens are present.*

*Full allergen information is available upon request*

*No service charge - ever. All tips go to our team*